

# LUNCH AT THE PARISH

## APPETIZERS, GUMBOS & SALADS

### **BOUDIN BALLS (2) ... \$6**

House made boudin, rolled in breadcrumbs and deep fried

### **SHRIMP BOULETTES (2) ... \$8**

Gulf coast wild shrimp, herbs and spices, crusted in bread crumbs

### **CAJUN MAC & CHEESE ... \$8**

Mac and cheese with crawfish and andouille sausage

### **CRAB AND SHRIMP DIP ... \$9**

Crab and shrimp, with cream and cheese served with toast

### **HOUSE SALAD ... \$9**

Artisan lettuce, tomatoes, cucumbers, carrots, choice of dressing

\* Fried/grilled chicken \$14. Grilled/blackened shrimp \$17 \*

### **CAESAR SALAD ... \$9**

Romaine lettuce, house croutons, Parmesan cheese, creamy Caesar dressing

\* Fried/grilled chicken \$14. Grilled/blackened shrimp \$17 \*

### **SHRIMP CREOLE BOWL ... \$14**

Shrimp smothered in a rich tomato stew, served over rice

### **CHICKEN CREOLE BOWL ... \$11**

Stewed chicken smothered in a rich tomato stew, served over rice

### **BAYOU SHRIMP & OKRA GUMBO ... C \$7 B \$10**

Cajun gumbo thickened with long smothered onions and okra (dark and thin, no roux)

### **CHICKEN & SAUSAGE GUMBO ... C \$7 B \$10**

Louisiana gumbo with smoked sausage, shredded chicken

### **SEAFOOD GUMBO ... C \$9 B \$12**

Classic seafood gumbo, dark roux, shrimp, oysters, crab fingers in a rich broth

## PO'BOYS & SANDWICHES

### **PO'BOYS**

12" po'boy style with lettuce, tomato pickles and remoulade sauce on Gambino New Orleans Po'boy French bread

### **ROAST BEEF PO'BOY ... \$14**

### **CATFISH PO'BOY ... \$14**

### **OYSTER PO'BOY ... \$16**

### **SHRIMP PO'BOY ... \$16**

Fried, grilled, or blackened

### **MUFFULETTA ... HALF \$10, FULL \$18**

Made with mortadella, ham, salami, provolone, swiss cheese, olive spread

### **BURGER BASKET ... \$11**

Hand crafted burger with 1/3 pound of All Natural Angus Beef on an artisan bun and a side of fries

\* Add ons - .75 - Cheddar, bleu, provolone cheese, bacon, grilled onions, grilled jalapenos \*

## LUNCH ENTRÉES

### **RED BEANS & RICE ... C \$6 B \$9**

Traditional slow cooked red beans with pickled pork over white rice

### **CHICKEN TENDERS BASKET ... \$10**

Hand battered chicken tenders with fries, side of sauce

### **ÉTOUFFÉE ... \$11.95**

Shrimp or crawfish and aromatics smothered in a thick crawfish sauce served over rice

### **SKEWER PLATE ... \$12**

One grilled skewer (chicken, beef) served over dirty rice

### **CRAB CAKES PLATE ... \$12**

Two Louisiana style crab cakes sautéed and served with remoulade over dirty rice

### **SHRIMP PLATE ... \$12.75**

Six Gulf Coast shrimp with house cut fries or dirty rice

\* Blackened or Fried \*

### **CATFISH PLATE ... \$13.75**

Two fried catfish fillets with house cut fries or dirty rice

\* Blackened or Fried \*

### **OYSTER PLATE ... \$13.95**

Golden fried oysters with house cut fries or dirty rice

### **MARDI GRAS PLATE ... \$14.75**

American catfish fillet topped with étouffée sauce over dirty rice

\* Blackened or fried \*

### **SIDES/ADDITIONAL SIDES ... \$4**

Fried Brussels Sprouts, Stone Ground Cheese Grits, White Rice, Cole Slaw, Dirty Rice, Collard Greens, Sautéed Green Beans, Jambalaya +\$2

## COMBOS - \$12

### **MIX AND MATCH FROM THE TWO CATEGORIES BELOW**

Choose a half-poboy or half muffuletta and side

### **HALF PO'BOY OR MUFFULETTA**

Half of a muffuletta or po'boy of your choice - roast beef, fried catfish, fried shrimp, fried oysters with lettuce, tomatoes, pickles, remoulade

### **SIDE**

House cut fries, house side salad, jambalaya, cup of red beans and rice, cup of chicken sausage gumbo

18% Gratuity added to parties of 6 or more.

Phone - 832-363-1058 - TheParishBistro.com - Catering TheParishBistro@outlook.com

Warning - our food may contain shell fish products. Consuming any undercooked or raw seafood may increase risk of foodborne illness.

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## YOUNG FOLKS

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### MAC & CHEESE ... \$4

Just mac and cheese

\* All Young Folks items includes a drink \*

### CHICKEN FINGERS & FRIES ... \$6

Three hand breaded, all natural fried chicken strips with fries

### CATFISH NUGGETS & FRIES ... \$6

Fried American catfish nuggets and fries

### FRIED SHRIMP & FRIES ... \$9

Fried shrimp and fries

### SMALL BURGER BASKET ... \$8

Hand crafted burger with patty of All Natural Angus Beef on an artisan bun and a side of fries

\* Add ons - .75 - Cheddar cheese, bleu cheese, provolone cheese, bacon, grilled onions, grilled jalapenos \*

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## DRINKS \$2.50

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COCA-COLA

COKE ZERO

DR. PEPPER

SPRITE

ICE TEA

Unsweet or Sweet

LEMONADE

TOPO CHICO ... \$3

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## DESSERTS

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BREAD PUDDING ... \$5

GATEAU DE SIROP ... \$5

Cajun syrup cake

PECAN PIE ... \$6

LAYER CAKES ... \$6

Three choices - Chocolate, Lemon meringue, Carrot (contains nuts)

CHEESECAKE ... \$6

Seasonal cheesecake

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